

“COACHED” CARDIAC ARREST MANAGEMENT METHOD

(Revised: May 2017)



C	Compressions continue Person in charge of defibrillator to say “ compressions continue ”.
O	Oxygen away Person in charge of the defibrillator to say “ remove free flowing oxygen ”. Any free flowing oxygen is removed.
A	All else clear Person in charge of the defibrillator to say “ everyone else to stand clear ”. Everyone other than the person doing compressions stands clear.
C	Charging Charge the defibrillator to the appropriate joules.
H	Hands off / I’m safe Person in charge of the defibrillator to say “ hands off ” to the person doing compressions, who will stand clear and respond “ I’m safe ”.
E	Evaluate rhythm Evaluate the patient’s rhythm and pulse: shockable or non-shockable.
D	Defibrillate or Disarm <ul style="list-style-type: none">➤ Shockable rhythm – defibrillate.➤ Non-shockable rhythm – disarm.

with a CPR swap every 2 minutes