



FIFO Medical Essentials Course

Day One – 29th July 2024

Advanced Life Support 2 Course Program

Time	Content	Facilitator/s
0745 – 0800 15 Minutes	Welcome and Registration <ul style="list-style-type: none"> Mr Bean video 	All
0800 – 0845 45 Minutes	Basic Life Support Theory +/- Pre-Test review <ul style="list-style-type: none"> DRSABCD ABCDE Bondi Rescue video Chris Soloman video. 	Barry
0845 – 0945 60 Minutes	Rotation 1 (5 per group) <ol style="list-style-type: none"> Basic Life Support, AED and Basic Airway Management +/- HLTAID009 paperwork if required. <i>Electrical Therapy</i> Defibrillation, Witnessed Monitored Arrest, Non-Shockable. Cardioversion, External Cardiac Pacing 	Paul Libby Barry
0945 – 1000 15 Minutes	Break 1 - Morning Tea	
1000 – 1100 60 Minutes	Rotation 2 (as above)	
1100 – 1200 60 Minutes	Rotation 3 (as above)	
1200 – 1230 30 Minutes	Lunch	
1230 – 1415 105 Minutes	Review of ANZCOR Algorithms x 4 <ul style="list-style-type: none"> Drug Therapy Adrenalin H's and T's 	Barry
1415 – 1430 15 Minutes	Break 2 – Afternoon Tea	
1430 – 1445 15 Minutes	ALS Scenario Demonstration	All
1445 – 1545 60 Minutes	Emergency scenarios x 6 20 minutes each – 5 prebrief /10 scenario / 5 debrief. Rotation 1 (7-8 per group)	Paul and Libby

	<ul style="list-style-type: none"> • 1445 - VF/VT • 1505 - Witnessed / Monitored • 1525 - Asystole / PEA Rotation 2 <ul style="list-style-type: none"> • 1545 - Brady • 1605 - Tachy (Narrow Complex) • 1625 - Tachy (Broad Complex) 	Barry
1545 – 1645 60 Minutes	Rotation 2 (as above)	
1645 – 1655 10 minutes	Post course theory assessment	Paul
1655 – 1700 5 minutes	Course evaluation and close	All



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Day Two – 30th July 2024

Remote Area Emergency Care and Management of Trauma & Medical Emergencies (Part 1)

Morning Sessions

Time	Content	Facilitator
0745 – 0810 25 Minutes	Welcome and Registration	Barry, Paul and Libby
0810 - 0940 90 Minutes	Rural and Remote Sector overview	Libby
0940 - 0950 10 Minutes	Break 1 – Morning Tea	
0950 - 1120 90 Minutes	Resources Sector overview	Paul
1120 – 1130 10 Minutes	Break 2	
1130 – 1300 90 minutes	Advanced Airway <ul style="list-style-type: none"> - RSI - NIV 	Barry, Paul and Libby
1300 - 1330 30 Minutes	Lunch	



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Afternoon Sessions

Remote Area Emergency Care and Management of Trauma & Medical Emergencies (Part 2)

Time	Content	Facilitator
1330 - 1430 60 Minutes	The Primary Survey	Barry
1430 - 1440 10 Minutes	Break 3	
1440 - 1540 60 Minutes	The Sick Child	Libby
1540 – 1550 10 Minutes	Break 4	
1550 – 1650 60 minutes	Plastering and Casting	Barry, Paul and Libby
1650 – 1700 10 minutes	Close	Barry, Paul and Libby



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Day Three – 31st July 2024

Morning Sessions

Remote Area Emergency Care and Management of Trauma & Medical Emergencies (Part 3)

Time	Content	Facilitator
0745 – 0800 15 Minutes	Welcome and Registration	Barry, Paul and Libby
0800 - 0920 80 Minutes	Critical ECG and Rhythm Interpretation	Barry
0920 - 0930 10 Minutes	Break 1 – Morning Tea	
0930 - 1050 80 Minutes	Medical Emergencies <ul style="list-style-type: none">• Respiratory• Sepsis	Libby
1050 – 1100 10 Minutes	Break 2	
1100 – 1220 80 minutes	Intravenous Cannulation / Intra Osseous	Barry, Paul and Libby
1220 - 1250 30 Minutes	Lunch	



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Day Three – 31st July 2024

Afternoon Sessions

Remote Area Emergency Care and Management of Trauma & Medical Emergencies (Part 4)

Time	Content	Facilitator
1250 - 1350 60 Minutes	Rotation 1. Stop Bleed, Splinting and Immobilisation 2. Packaging for Transfer / Retrieval, Communication, Team Leading and Clinical handover	Paul Barry
1350 - 1400 10 Minutes	Break 3	
1400 - 1500 60 Minutes	Rotation 1. Stop Bleed, Splinting and Immobilisation 2. Packaging for Transfer / Retrieval, Communication, Team Leading and Clinical handover	Paul Barry
1500 – 1510 10 Minutes	Break 4	
1510 – 1650 100 minutes	Wound Closure	Barry, Paul and Libby
1650 – 1700 10 minutes	Course evaluation and Close	Barry, Paul and Libby



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Day Four – 1st August 2024

OPTION 1

Collect Specimens for Drugs of Abuse Testing

HLTPAT005

This unit describes the skills and knowledge required to confirm collection requirements, prepare client and equipment and collect specimens via urine and/or oral and breath testing following the special procedures that apply for drugs of abuse testing.

Time	Content	Facilitator
0745 - 0800 15 Minutes	Welcome and Registration	Paul
0800 - 0930 90 Minutes	Confirm Collection Requirements	Paul
0930 – 0945 15 Minutes	Morning Tea	
0945 – 1115 90 Minutes	Prepare for Collection Procedure Collect Specimen	Paul
1115 – 1200 45 minutes	Lunch	
1200 – 1330 90 Minutes	Follow Post Collection Procedures	Paul
1330 - 1400 30 minutes	Course Evaluation and Close	All



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Day Four – 1st August 2024

OPTION 2

Essential Triage Course (ETC)

The purposes of this course are to:

Provide an overview of the triage process and emphasise its role in optimising triage consistency throughout Australia.

Discuss the purpose of triage systems in the context of acute health care delivery.

After completing this course, participants will have a clear understanding of the triage process and structure and how the content may be applied in their work environment.

Participants will also be able to identify factors influencing consistency of triage in that context.

Time	Content	Facilitator
0745 - 0800 15 Minutes	Welcome and Registration	Libby
0800 - 0930 90 Minutes	Concepts of Triage	Libby
0930 – 0945 15 Minutes	Morning Tea	
0945 – 1115 90 Minutes	Triage application	Libby
1115 – 1200 45 minutes	Lunch	
1200 – 1330 90 Minutes	Scenarios and Role Plays	Libby
1330 - 1400 30 minutes	Course Evaluation and Close	All