



FIFO Medical Essentials Course

Day One – 24th or 25th June 2024

Advanced Life Support 2 Course Program

| Time | Content | Facilitator/s |
|-----------------------------------|---|--------------------------------|
| 0745 – 0800 15 Minutes | Welcome and Registration <ul style="list-style-type: none"> Mr Bean video | All |
| 0800 – 0845 45 Minutes | Basic Life Support Theory +/- Pre-Test review <ul style="list-style-type: none"> DRSABCD ABCDE Bondi Rescue video Chris Soloman video. | Barry |
| 0845 – 0945 60 Minutes | Rotation 1 (5 per group) <ol style="list-style-type: none"> Basic Life Support, AED and Basic Airway Management +/- HLTAID009 paperwork if required. <i>Electrical Therapy</i> Defibrillation, Witnessed Monitored Arrest, Non-Shockable. Cardioversion, External Cardiac Pacing | Paul Libby Barry |
| 0945 – 1000 15 Minutes | Break 1 - Morning Tea | |
| 1000 – 1100 60 Minutes | Rotation 2 (as above) | |
| 1100 – 1200 60 Minutes | Rotation 3 (as above) | |
| 1200 – 1230 30 Minutes | Lunch | |
| 1230 – 1415 105 Minutes | Review of ANZCOR Algorithms x 4 <ul style="list-style-type: none"> Drug Therapy Adrenalin H's and T's | Barry |
| 1415 – 1430 15 Minutes | Break 2 – Afternoon Tea | |
| 1430 – 1445 15 Minutes | ALS Scenario Demonstration | All |
| 1445 – 1545 60 Minutes | Emergency scenarios x 6 20 minutes each – 5 prebrief /10 scenario / 5 debrief. Rotation 1 (7-8 per group) | Paul and Libby |

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| | <ul style="list-style-type: none"> • 1445 - VF/VT • 1505 - Witnessed / Monitored • 1525 - Asystole / PEA Rotation 2 <ul style="list-style-type: none"> • 1545 - Brady • 1605 - Tachy (Narrow Complex) • 1625 - Tachy (Broad Complex) | Barry |
| 1545 – 1645 60 Minutes | Rotation 2 (as above) | |
| 1645 – 1655 10 minutes | Post course theory assessment | Paul |
| 1655 – 1700 5 minutes | Course evaluation and close | All |



FIFO Medical Essentials Course

Day Two – 26th June 2024

Remote Area Emergency Care and Management of Trauma & Medical Emergencies (Part 1)

Morning Sessions

| Time | Content | Facilitator |
|----------------------------------|--|-----------------------|
| 0745 – 0810 25 Minutes | Welcome and Registration | Barry, Paul and Libby |
| 0810 - 0940 90 Minutes | Rural and Remote Sector overview | Libby |
| 0940 - 0950 10 Minutes | Break 1 – Morning Tea | |
| 0950 - 1120 90 Minutes | Resources Sector overview | Paul |
| 1120 – 1130 10 Minutes | Break 2 | |
| 1130 – 1300 90 minutes | Advanced Airway <ul style="list-style-type: none"> - RSI - NIV | Barry, Paul and Libby |
| 1300 - 1330 30 Minutes | Lunch | |



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Day Two – 26th June 2024

Afternoon Sessions

Remote Area Emergency Care and Management of Trauma & Medical Emergencies (Part 2)

| Time | Content | Facilitator |
|----------------------------------|------------------------|-----------------------|
| 1330 - 1430 60 Minutes | The Primary Survey | Barry |
| 1430 - 1440 10 Minutes | Break 3 | |
| 1440 - 1540 60 Minutes | The Sick Child | Libby |
| 1540 – 1550 10 Minutes | Break 4 | |
| 1550 – 1650 60 minutes | Plastering and Casting | Barry, Paul and Libby |
| 1650 – 1700 10 minutes | Close | Barry, Paul and Libby |



FIFO Medical Essentials Course

Day Three – 27th June 2024

Morning Sessions

Remote Area Emergency Care and Management of Trauma & Medical Emergencies (Part 3)

| Time | Content | Facilitator |
|----------------------------------|---|-----------------------|
| 0745 – 0800 15 Minutes | Welcome and Registration | Barry, Paul and Libby |
| 0800 - 0920 80 Minutes | Critical ECG and Rhythm Interpretation | Barry |
| 0920 - 0930 10 Minutes | Break 1 – Morning Tea | |
| 0930 - 1050 80 Minutes | Medical Emergencies <ul style="list-style-type: none"> • Respiratory • Sepsis | Libby |
| 1050 – 1100 10 Minutes | Break 2 | |
| 1100 – 1220 80 minutes | Intravenous Cannulation / Intra Osseous | Barry, Paul and Libby |
| 1220 - 1250 30 Minutes | Lunch | |



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Day Three – 27th June 2024

Afternoon Sessions

Remote Area Emergency Care and Management of Trauma & Medical Emergencies (Part 4)

| Time | Content | Facilitator |
|-----------------------------------|---|-----------------------|
| 1250 - 1350 60 Minutes | Rotation 1. Stop Bleed, Splinting and Immobilisation 2. Packaging for Transfer / Retrieval, Communication, Team Leading and Clinical handover | Paul Barry |
| 1350 - 1400 10 Minutes | Break 3 | |
| 1400 - 1500 60 Minutes | Rotation 1. Stop Bleed, Splinting and Immobilisation 2. Packaging for Transfer / Retrieval, Communication, Team Leading and Clinical handover | Paul Barry |
| 1500 – 1510 10 Minutes | Break 4 | |
| 1510 – 1650 100 minutes | Wound Closure | Barry, Paul and Libby |
| 1650 – 1700 10 minutes | Course evaluation and Close | Barry, Paul and Libby |



FIFO Medical Essentials Course

Day Four – 28th June 2024

OPTION 1

Collect Specimens for Drugs of Abuse Testing

HLTPAT005

This unit describes the skills and knowledge required to confirm collection requirements, prepare client and equipment and collect specimens via urine and/or oral and breath testing following the special procedures that apply for drugs of abuse testing.

| Time | Content | Facilitator |
|----------------------------------|--|-------------|
| 0745 - 0800 15 Minutes | Welcome and Registration | Paul |
| 0800 - 0930 90 Minutes | Confirm Collection Requirements | Paul |
| 0930 – 0945 15 Minutes | Morning Tea | |
| 0945 – 1115 90 Minutes | Prepare for Collection Procedure Collect Specimen | Paul |
| 1115 – 1200 45 minutes | Lunch | |
| 1200 – 1330 90 Minutes | Follow Post Collection Procedures | Paul |
| 1330 - 1400 30 minutes | Course Evaluation and Close | All |



FIFO Medical Essentials Course

Day Four – 28th June 2024

OPTION 2

Essential Triage Course (ETC)

The purposes of this course are to:

Provide an overview of the triage process and emphasise its role in optimising triage consistency throughout Australia.

Discuss the purpose of triage systems in the context of acute health care delivery.

After completing this course, participants will have a clear understanding of the triage process and structure and how the content may be applied in their work environment.

Participants will also be able to identify factors influencing consistency of triage in that context.

| Time | Content | Facilitator |
|----------------------------------|-----------------------------|-------------|
| 0745 - 0800 15 Minutes | Welcome and Registration | Libby |
| 0800 - 0930 90 Minutes | Concepts of Triage | Libby |
| 0930 – 0945 15 Minutes | Morning Tea | |
| 0945 – 1115 90 Minutes | Triage application | Libby |
| 1115 – 1200 45 minutes | Lunch | |
| 1200 – 1330 90 Minutes | Scenarios and Role Plays | Libby |
| 1330 - 1400 30 minutes | Course Evaluation and Close | All |